Mail in registration:

THE 13th ANNUAL GREEN LAKE OPEN WATER SWIM

Seattle Parks & Recreation

Sunday, June 25, 2017 First Race begins at 9 a.m.
First Race begins at 9 a.m. starting at West Green Lake Beach
Check in begins at 7:30 am in Evans Pool/ Green Lake Community Center Gym. Enter via lobby.

- Staging and finish line will be on the East side of the lake. Swimmers of ½ mile will be shuttled to the starting area on the West side.
- Sign up for the ½ mile straight, 1 mile round-trip course, or both. The ½ mile event will begin at 9am sharp at West Beach. There is a 30 minute time limit for the ½-mile swim. The 1 mile swim starts about 9:30am and will begin and end on the East side of the lake.
- Each swimmer will receive a swim cap and commemorative T-shirt. Awards will be given to top male and female in age groups.
- Wetsuits are allowed due to the unpredictability of the lake's temperature. Swimmer safety is paramount.
- Refreshments and hot drinks will be available for swimmers.
- Certified lifeguards will be in the water to supervise the swim. Swimmers 17 and under must have parental approval to participate. Minimum age is 10 years.
- Visit our web site at www.seattle.gov/parks. For additional information call 684-4961. TDD Only 233-7061 (Persons with disabilities will be accommodated upon request.)
- **PARKING:** The lot fills quickly. Limited street parking available. Car pooling or alternative transportation strongly recommended.
- Swimmers may choose to travel by foot to the starting beach on the west side or will be shuttled by van beginning at 8:30 a.m. Van transport of shoes, towels and small personal belongings from west to east is provided for all competitors. Locker rooms at Green Lake Community Center/Evans Pool will be open only to competitors. Lockers available for $.25 or bring your own lock.

✂----------✂----------✂----------✂----------

Mail- in Entry Form*Fill out entry form COMPLETELY * Please PRINT clearly * Copies okay * ONE entrant per form

1 MILE____ ½ MILE_____ Both___ West to East Green Lake Open Water Swim

Last Name MI First Name

Street Address

City State Zip Code

Phone Number E-mail address

Date of Birth **required** Age on 6/25 Sex Estimated Swim Time

DIVISIONS: MALE FEMALE ☐ WETSUIT ☐

AGE GROUPS:

10-12	☐	25-29	☐	45-49	☐	70-79	☐
13-15	☐	30-34	☐	50-54	☐	80 & up	☐
16-19	☐	35-39	☐	55-59	☐	Wetsuit	☐
20-24	☐	40-44	☐	60-69	☐	Special Pop	☐

NON-REFUNDABLE ENTRY FEE

By mail, in person, or on-line @
www.seattle.gov/parks

½ mile course # 165880
1 mile course # 165879
Both Races #165881

EARLY BIRD (through 6/8)
$25 Youth, Senior, Special Pop/ $30 Adult
Both Races:$35 Y/Sr, Spec Pop /$40 Adult

REGISTRATION (starts 6/9)
$40 Youth, Senior, Special Pop/ $45 Adult
Both Races: $50 Y/Sr. Spec Pop/ $55 Adult

Send Mail-in Registration to:
Evans Pool
Attn: G.L.O.W.S.
7201 E. Green Lake Dr. N.
Seattle, WA 98115
Mail- in must be received by June 23

Select t-shirt size. Adult sizes only

S	M	L	XL	XXL

Release: In consideration of the acceptance by sponsors of my entry in the Green Lake Open Water Swim, I will not hold the City of Seattle or the Department of Parks and Recreation or any employees or volunteers associated with the Green Lake Open Water Swim responsible for any injuries, damage, or personal loss incurred while participation in said program. I am aware of the hazards in open water swimming, including potential for hypothermia. I attest and verify that, to the best of my knowledge, my physical condition and fitness are adequate for me to safely compete in the open water swim, and that no physician or other qualified individual has advised me against competing in any portion of the Seattle Parks and Recreation Green Lake Open Water Swim.

ENTRY FEES ARE NOT REFUNDABLE.

Please note: Your registration for the Green Lake Open Water Swim program includes your permission to the City of Seattle Parks and Recreation to take photographs of myself and/or my child while he/she is engaging in the Open Water Swim. I also grant the right to edit, use and re-use said products for any and all educational, public service, marketing and outreach purposes selected by the City of Seattle Parks and Recreation. I release any and all rights, titles and interest my child or I may have in said photographs, movies, video tapes, web-site productions, finished pictures, reproductions, copies or negatives of the same in connection with such uses.

Signature_____ Parent/Guardian Signature _____
(Participant-Swimmer) (date) (If participant is under 18 years of age) (date)