

SOUTHWEST POOL

WWW.SEATTLE.GOV/PARKS/AQUATICS/SWPOOL.HTM

**2801 SW Thistle St
Seattle, Washington 98126
206-684-7440**

HOURS OF OPERATION: Sept 17—Oct 14

Monday & Wednesday	12:00—6:30 pm
Tuesday & Thursday	12:00—8:30 pm
Friday	Closed
Saturday	9:30am-4pm
Sunday	Closed

Limited Schedule due to cancelled ADA Renovations

FEES

RECREATIONAL SWIM PRICES:

Children under 1	Free
Youth (Age 1-17)	\$3.75
Adult (Ages 18-64)	\$5.50
Senior Adults (Ages 65+)	\$3.75
Special Populations	\$3.75

FITNESS SWIM PRICES:

Adult Fitness	\$6.00
Youth/Senior/Special Populations	\$4.00

OTHER FEES:

“Just a Shower”	\$5.50
Towel Rental	\$0.50
Coin-Operated Lockers	\$0.25

SCHOLARSHIP DISCOUNT PRICES:

(Requires proof of income and may take 2-3 weeks for approval)

Discount Recreation	\$2.00
Discount Fitness	\$3.00

RECREATIONAL SWIM

Women's Swimming: Single gender swimming opportunities for women who because of cultural, personal or religious reasons cannot swim in a co-ed environment. During these programs the windows to the pool are covered for privacy and only female staff are employed. Females age 12+ only. No Males on the pool deck.

Adult/Senior Adult Swim: This is a recreational lap swim period for adults 18 years and older. There is an open area for water walking or exercise, and three lap lanes.

Lap Swim: This program is designed for swimmers of all speeds, and those who want to work on conditioning. Some lanes may be reserved for personal lessons. *Exact change or Quick card required for Early Morning Lap Swim.

Public Swim: This is a recreational swim for swimmers of all ages. Children under 6, and those who do not meet our height requirement of 4 feet, must be accompanied into the water by an adult 18 years or older.

FITNESS PROGRAMS

Deep/Shallow Fusion: Mix it up and enjoy either end of the pool in this combo class that combines deep & shallow water exercise. From deep water running to shallow body conditioning, this total body workout will feature non-stop, high-energy water exercises. Spice up your fitness routine and splash your way to a healthier body. No swimming ability required to participate in the shallow end; participants in the deep end will use flotation equipment.

Swim More—Pay Less!

Quick Card is a prepaid discount admission card for use within Seattle Parks and Recreation.

Recreation Programs: 10 admissions

Youth/Senior/Special Pop. (save \$4.00).....	\$33.50
Adult (Save \$5.00).....	\$50.00

Fitness Programs: 10 admissions

Youth/Senior/Special Pop. (save \$5.00).....	\$35.00
Adult (save \$5.00).....	\$55.00

30-Day Pass (Recreation and Fitness)

Youth/Senior/Special Populations.....	\$45.00
Adult.....	\$60.00



SOUTHWEST POOL



Seattle
Parks and Recreation

Sept 17th—Oct 14th, 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Closed	High School Swim Teams and Seattle Public Schools	High School Swim Teams and Seattle Public Schools	High School Swim Teams and Seattle Public Schools	High School Swim Teams and Seattle Public Schools	Closed	Lap Swim 9:30am-1:00pm
	Adult & Senior Swim Noon—2:30pm	Adult & Senior Swim Noon—1:30pm Deep/Shallow Fusion WX 1:30-2:15 pm	Adult & Senior Swim Noon—2:30pm	Adult & Senior Swim Noon—1:30pm Deep/Shallow Fusion WX 1:30-2:15 pm		Public Swim 1:00-2:00pm
						Women's Public Swim 2:30-3:30pm <i>(Females Age 12+)</i>
	Lap Swim 4:00-6:30pm 4 Lanes	Lap Swim 4:00-7:30pm 4 Lanes	Lap Swim 4:00-6:30pm 4 Lanes	Lap Swim 4:00-7:30pm 4 Lanes		
		Public Swim 7:30-8:30pm		Public Swim 7:30-8:30pm		

For more information visit seattle.gov/parks or call 206-684-7440

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